folding table saw outfeed table plans File PDF

Folding table saw outfeed table plans are an invaluable resource for woodworking enthusiasts and professionals alike. An outfeed table enhances the safety, efficiency, and precision of your table saw operations, especially when working with large sheets or long boards. The beauty of a folding design lies in its space-saving capability, allowing you to easily stow the table when not in use without sacrificing stability or functionality. Whether you?re a seasoned woodworker or a DIY hobbyist, crafting a custom folding outfeed table can significantly improve your workshop setup. In this comprehensive guide, we will explore detailed plans, essential considerations, and step-by-step instructions to help you build a practical and durable folding table saw outfeed table.

Understanding the Importance of a Folding Outfeed Table

Why Build an Outfeed Table?

An outfeed table provides support for large workpieces as they exit the table saw, preventing sagging and kickback. It enhances safety and accuracy, especially during rip cuts involving long boards or sheet goods. A dedicated outfeed surface also reduces wear on your main saw table and minimizes the risk of accidental damage.

Advantages of a Folding Design

- Space Efficiency: Folds away when not in use, ideal for small workshops.
- Portability: Easier to move around or store compared to fixed tables.
- Convenience: Quick setup and collapse streamline workflow.
- Customization: Can be tailored to fit your specific saw model and workspace.

Planning Your Folding Outfeed Table

Assessing Your Workshop Space and Needs

Before diving into plans, evaluate your workshop layout:

- Measure available space when the table is folded and unfolded.
- Determine the maximum size of workpieces you typically handle.
- Consider the height and dimensions of your existing table saw.

Choosing Materials

Select durable, stable materials:

- Surface: Plywood (3/4" thickness) or MDF for smooth, flat support.
- Frame: Hardwood or sturdy softwood like pine or oak.
- Hinges and Hardware: Heavy-duty hinges, locking mechanisms, and support braces.
- Fasteners: Screws, bolts, and washers suitable for woodworking.

Design Considerations

- Ensure the table height matches your saw?s surface for seamless support.
- Incorporate fold lines that allow easy collapse without compromising stability.
- Include adjustable or removable supports for different workpiece sizes.
- Plan for easy access to the saw controls and safety features.

Step-by-Step Folding Outfeed Table Plans

1. Gather Your Tools and Materials

- Power drill and screwdriver
- Circular saw or table saw
- Clamps
- Measuring tape and square
- Sandpaper or sander
- Hinges and support brackets
- Material for surface and frame

2. Cut Your Components

- Tabletop: Cut a piece of plywood or MDF to the desired size (e.g., 24" x 48").
- Supporting Frame: Cut side rails, end supports, and cross braces from hardwood or your chosen material.
- Folding Mechanism: Cut two or more support arms with hinge points, ensuring they can fold flat against the main frame.

3. Assemble the Main Frame

- Attach side rails to the underside of the tabletop using screws and brackets.
- Install cross braces for added stability.
- Ensure all connections are square and secure.

4. Install Folding Supports

- Attach support arms with heavy-duty hinges on one side of the table, allowing them to fold down.
- Secure the other end of the supports to the workshop surface or a dedicated stand.
- Test the folding mechanism to ensure smooth operation.

5. Add Locking and Support Mechanisms

- Incorporate support brackets or locking pins to hold the table in the unfolded position.
- Consider adjustable supports or telescoping legs for height customization.
- Add non-slip pads or feet for stability.

6. Sand and Finish

- Sand all surfaces smooth to prevent splinters.
- Apply a protective finish or sealant if desired.

7. Mount the Outfeed Table to Your Saw

- Position the table in line with your saw?s outfeed side.
- Secure it firmly to prevent movement.
- Ensure the height aligns perfectly with your saw?s surface for seamless support.

Additional Tips for Building a Durable Folding Outfeed Table

Maximizing Stability

- Use robust hinges rated for the weight.
- Reinforce support arms with additional bracing if necessary.
- Incorporate locking mechanisms to keep the table stable during use.

Enhancing Portability and Storage

- Use lightweight yet sturdy materials.
- Design fold lines that allow the table to fold flat easily.
- Consider adding handles or wheels for easier movement.

Customizing Your Outfeed Table

- Add drawers or storage compartments underneath.
- Incorporate cutouts or cable management features.
- Paint or stain to match your workshop decor.

Common Challenges and Solutions

Ensuring Proper Alignment

- Use precise measurements and square tools during assembly.
- Double-check hinge placement for smooth folding.

Maintaining Stability When Unfolded

- Use strong support braces and locking pins.
- Test the table with different workpieces to verify sturdiness.

Dealing with Space Constraints

- Opt for smaller designs or foldable supports.
- Use wall-mounted brackets to enhance support without occupying floor space.

Final Thoughts

Building a folding table saw outfeed table is an excellent way to improve your woodworking setup without sacrificing precious workshop space. With careful planning, quality materials, and precise construction, you can create a custom outfeed solution tailored to your needs. Not only does this project enhance safety and efficiency, but it also adds a professional touch to your workshop. Whether you?re looking for a simple fold-up support or a feature-rich work surface, the right plans

and execution can make all the difference. Take your time, measure twice, and enjoy crafting a reliable, space-saving addition to your woodworking arsenal.

Additional Resources

- Video Tutorials: Many woodworking channels offer step-by-step guides for outfeed tables.
- Workbench Plans: Combining your outfeed table with a custom workbench can maximize workshop functionality.
- Community Forums: Join woodworking forums for tips, modifications, and shared experiences.

Embark on your project today and enjoy the benefits of a well-designed folding outfeed table ? a true game-changer in your woodworking journey!

Folding Table Saw Outfeed Table Plans: The Ultimate Guide to Enhancing Your Workshop Efficiency

In the world of woodworking, precision, safety, and efficiency are paramount. Whether you're a seasoned professional or a passionate hobbyist, optimizing your workspace can significantly impact the quality of your projects. Among the essential accessories that elevate your woodworking experience is the folding table saw outfeed table. Not only does it provide a stable surface for large workpieces, but its folding design also ensures that your workshop remains compact and versatile. In this comprehensive guide, we'll explore everything you need to know about folding table saw outfeed table plans?from their benefits and design considerations to step-by-step building instructions and expert tips.

Understanding the Importance of an Outfeed Table

Before diving into plans and construction, it's crucial to comprehend why an outfeed table is a vital component of your workshop setup.

What Is an Outfeed Table?

An outfeed table is a surface positioned behind or beside a table saw, designed to support long or wide workpieces as they are cut. It ensures a smooth transition of materials from the saw blade to the supporting surface, reducing strain on the operator and helping maintain precise cuts.

Why Use a Folding Outfeed Table?

While fixed outfeed tables are common, a folding outfeed table offers several advantages:

- Space Efficiency: When not in use, it folds away, freeing up valuable workshop space.
- Portability: Easier to move or store, especially in smaller workshops.
- Convenience: Quick setup and breakdown make it ideal for projects requiring different configurations.
- Cost-Effective: Avoids the need for large permanent fixtures, saving money and space.

Design Considerations for Folding Outfeed Tables

Creating an effective folding outfeed table requires careful planning. Here are key factors to consider:

Size and Dimensions

- Width and Depth: The table should extend beyond the saw?s table to support long workpieces. Common widths range from 24" to 36", with depths of 12" to 24".
- Height: Typically matches the height of your saw?s table for seamless support, usually around 34" to 36".

Materials

- Surface: Plywood or MDF with a smooth finish for precise cuts.
- Frame and Supports: Hardwood or sturdy metal for durability, especially around hinges and folding mechanisms.
- Wheels or Casters: Optional, for mobility.

Folding Mechanism

- Hinges: Heavy-duty hinges that allow smooth folding.
- Locking Devices: To secure the table in the open position during use.
- Ease of Folding: Mechanism should be simple yet stable.

Stability and Support

- Reinforced framing to prevent sagging.
- Adjustable leveling feet if the workshop floor is uneven.

Step-by-Step Plans for Building a Folding Outfeed Table

Constructing your own folding outfeed table can be a rewarding project. Below is an outline of the essential steps, along with tips for customization.

Materials Needed

- 3/4" plywood sheet (for surface)
- Hardwood or metal for frame
- Heavy-duty hinges
- Locking pins or clamps
- Bolts, nuts, and washers
- Casters (optional)
- Wood screws
- Wood glue
- Sandpaper or finish

Tools Required

- Circular saw or table saw
- Drill with various bits
- Screwdriver
- Clamps
- Measuring tape
- Square
- Level

Building Instructions

- Measure and Plan

- Measure your saw?s dimensions and workspace.
- Sketch a detailed plan, noting measurements for each component.

- Cut the Surface Board

- Cut the plywood sheet to your desired size, ensuring it extends adequately to support long

pieces.
- Sand edges for smoothness.

- Construct the Frame

- Build a rectangular frame from hardwood or metal that matches the surface dimensions.
- Reinforce corners with additional blocks or braces for stability.

- Attach the Folding Legs

- Use heavy-duty hinges to connect the frame to folding legs.
- Ensure the hinges are positioned for balanced support.
- Attach locking mechanisms (such as clamps or pins) to hold the table in the open position.

- Install the Surface

- Secure the plywood surface to the frame with screws and glue.
- Check for flatness and secure fit.

- Add Supports and Supports

- Incorporate foldable brackets or fold-out supports underneath for additional stability if necessary.
- Install leveling feet if needed.

- Attach Casters (Optional)

- For mobility, attach casters to the legs, ensuring they lock in place during use.

- Test the Folding Mechanism

- Practice folding and unfolding the table.
- Make adjustments to hinges or supports for smooth operation.

Expert Tips for a Successful Build

- Prioritize Safety: Use sturdy hinges and locking mechanisms to prevent accidental folding during operation.
- Choose Quality Materials: Investing in durable materials ensures longevity.
- Customize Your Size: Tailor dimensions to fit your workflow, especially if you frequently work with specific sizes of wood.
- Add a Router or Edge Guide: Incorporate additional features like a router slot or edge guides for versatility.
- Finish the Surface: Seal or paint the surface to prevent splinters and improve durability.

Additional Features and Accessories

Enhancing your folding outfeed table can further improve functionality:

- Dust Collection Ports: Integrate ports to connect with your dust collection system.
- Clamping Systems: Add clamps or hold-downs to secure workpieces.
- Extension Wings: Consider adding removable or foldable extension wings for wider support.
- Sacrificial Tops: Attach removable tops for routing or finishing work.

Maintenance and Long-Term Care

- Regularly inspect hinges and locking mechanisms for wear.
- Tighten bolts and screws periodically.
- Clean the surface to prevent buildup of dust and debris.
- Refinish or reseal the surface periodically to maintain smoothness.

Conclusion

A folding table saw outfeed table is an invaluable addition to any woodworking shop, combining practicality, safety, and space-saving design. By following detailed plans and expert tips, you can craft a customized, sturdy, and functional outfeed table that enhances your cutting accuracy and workflow efficiency. Whether you're supporting large panels or simply looking to optimize your workspace, a well-designed folding outfeed table offers flexibility and professionalism that will serve you for years to come.

Investing time in planning and building your own outfeed table not only saves money but also allows you to tailor the features to your specific needs. With patience and attention to detail, you'll gain a versatile accessory that makes woodworking safer, easier, and more enjoyable.

QuestionAnswer What are the benefits of building a folding outfeed table for my table saw? A folding outfeed table provides additional support for large cuts, improves safety, saves space when not in use, and enhances cutting accuracy by providing a stable surface. What materials are recommended for constructing a folding outfeed table? Plywood or MDF are popular choices due to their stability and affordability, complemented with sturdy hinges, locking mechanisms, and a durable surface like laminate or hardwood for the tabletop. Are there specific plans available for building a DIY folding outfeed table? Yes, numerous free and paid plans are available online, including detailed step-by-step guides and diagrams to help you construct a custom folding outfeed table tailored to your workspace. How do I ensure the folding outfeed table is stable and secure during use? Use robust hinges, lock-in-place supports, and secure mounting brackets. Adding locking mechanisms or support braces that engage when the table is unfolded can significantly improve stability. Can a folding outfeed table be customized for different table saw sizes and needs? Absolutely. Plans can be modified to match your specific saw dimensions, work area, and preferences, allowing for custom features like adjustable height or additional storage. What tools and skills are needed to build a folding outfeed table from plans? Basic woodworking tools such as a saw, drill, screwdriver, and measuring tools are required. Skills in cutting, measuring, assembling, and understanding hinges and supports are also necessary. Where can I find inspiration or community support for my folding outfeed table project? Online woodworking forums, YouTube tutorials, Reddit communities like r/woodworking, and Pinterest boards are excellent sources for ideas, plans, and advice from fellow DIY enthusiasts.

Related keywords: folding outfeed table, table saw accessories, woodworking outfeed table, DIY outfeed table plans, portable outfeed table, woodworking shop setup, table saw extension, saw station design, foldable workshop table, woodworking jigs

bookbinding a comprehensive guide to folding sewi

bookbinding a comprehensive guide to folding sewi

In the world of bookbinding, mastering various techniques is essential for creating durable, aesthetically pleasing, and professionally finished books. Among these techniques, folding sewi stands out as a fundamental process, especially in traditional and artisanal bookbinding practices. Whether you're a beginner seeking to understand the basics or an experienced binder looking to refine your skills, this comprehensive guide will walk you through the intricacies of folding sewi, its

significance, and practical steps to execute it flawlessly.

Understanding Folding Sewi in Bookbinding

What is Folding Sewi?

Folding sewi is a traditional bookbinding technique involving folding sheets of paper or material into specific shapes to form the pages and sections of a book. The term "sewi" originates from certain cultural and regional practices, often referring to the process of folding in preparation for binding. In essence, folding sewi creates the signatures?groups of folded pages?that are sewn together to assemble the complete book.

The Importance of Folding Sewi in Bookbinding

Proper folding sewi ensures:

- Structural integrity: Correctly folded signatures contribute to the overall strength of the book.
- Aesthetic quality: Precise folding results in neat, aligned pages.
- Ease of binding: Well-folded signatures facilitate smooth sewing and binding processes.
- Durability: Proper folding prevents pages from tearing or becoming misaligned over time.

Types of Folding Sewi

Depending on the style and purpose of the book, different folding techniques may be employed:

- **Single Fold (Half Fold):** Folding a sheet in half to create a basic signature.
- **Multiple Folds:** Creating signatures with multiple folds, such as quarter or eighth folds.
- **Accordion Fold:** Folding sheets back and forth in a zigzag pattern, often used for artistic or special editions.
- **French Fold:** Folding sheets in a way that creates smaller, more compact signatures, common in fine bindings.

Tools and Materials Needed for Folding Sewi

Before beginning the folding process, gather the necessary tools:

- **Sheets of paper or material:** Depending on the project, choose suitable paper, parchment, or other materials.

- **Bone folder:** For crisp and accurate creases.
- **Cutting mat and craft knife:** To trim sheets to size if needed.
- **Ruler and measuring tools:** For precise measurements.
- **Clips or weights:** To hold sheets flat during folding.
- **Marking tools:** Pencils or pens for marking fold lines.

Step-by-Step Guide to Folding Sewi

1. Preparing the Sheets

- Ensure sheets are clean, dry, and free of wrinkles.
- Measure and cut sheets to the desired size for your signature.
- Decide on the fold type based on your project requirements.

2. Marking the Fold Lines

- Use a ruler and pencil to lightly mark fold lines.
- For precision, mark both sides if double-sided folding is necessary.

3. Making the Fold

- Place the sheet on a flat surface.
- Use a bone folder to create a sharp crease along the marked line.
- For larger signatures, fold slowly and evenly to avoid misalignment.
- If multiple folds are involved, fold in stages, pressing firmly after each fold.

4. Creasing and Flattening

- After folding, run the bone folder along the crease to reinforce it.
- Place the folded signature under a weight or clamp to flatten and set the fold.

5. Assembling Signatures

- Repeat the folding process for all sheets.
- Organize signatures in the correct order for assembly.

Best Practices and Tips for Folding Sewi

- Use quality tools: A sharp craft knife and smooth bone folders produce cleaner folds.
- Measure carefully: Accurate measurements ensure consistent signatures.
- Practice on scrap materials: Before working on your final sheets, practice folding to improve precision.
- Maintain consistent pressure: Applying uniform pressure during creasing results in uniform signatures.
- Store folded signatures properly: Keep them flat and protected from dust and moisture until binding.

Common Challenges and How to Overcome Them

- **Ensure the paper is properly aligned before creasing; use guides if necessary.**
- **Use a bone folder gently; avoid over-creasing brittle or delicate papers.**
- **Double-check measurements and folding sequence before creasing.**
- **Handle paper delicately, and press folds firmly for crispness.**

Integrating Folding Sewi into the Bookbinding Process

Folding sewi is just one step in the broader process of bookbinding. After creating signatures:

- Sew signatures together using various binding techniques (Sewing with thread, Coptic, Japanese stab binding, etc.).
- Attach covers, endpapers, and finishing touches to complete the book.

Conclusion

Mastering the art of folding sewi is crucial for anyone interested in traditional or artisanal bookbinding. It requires patience, precision, and the right tools, but the results?beautiful, durable signatures?are well worth the effort. Whether you're crafting a personal journal, a limited edition, or restoring antique books, understanding and practicing folding sewi will significantly enhance the quality of your finished product. Embrace the process, pay attention to detail, and enjoy the craftsmanship involved in creating a beautifully bound book.

Bookbinding: A Comprehensive Guide to Folding Sewi

Embarking on the journey of bookbinding is both an art and a craft that combines creativity,

precision, and patience. Among the myriad techniques involved in creating durable and beautiful books, folding sewi (a term that refers to the specific folding techniques used in Ethiopian or similar traditional bookbinding practices) stands out as a fundamental skill. Mastering folding sewi not only ensures the structural integrity of your book but also enhances its aesthetic appeal. In this comprehensive guide, we will delve deep into the intricacies of folding sewi, exploring its history, techniques, tools, and best practices.

Understanding Folding Sewi: An Introduction

Folding sewi is a traditional method used in the preparation of book pages, especially in Ethiopian manuscript traditions and other cultural contexts. It involves creating precise folds in sheets of paper or parchment to form signatures or sections that will later be assembled into a complete book.

Why is folding sewi important?

- Ensures pages are correctly aligned for binding
- Facilitates efficient use of materials
- Contributes to the durability and longevity of the finished book
- Adds to the aesthetic and cultural authenticity of traditional manuscripts

Historical Context

Historically, folding sewi has been integral to Ethiopian manuscript production, where scribes and artisans developed intricate folding and binding techniques to preserve religious texts and literature. These methods have been passed down through generations, preserving cultural heritage and craftsmanship.

Tools and Materials Required for Folding Sewi

Before diving into the folding process, assembling the right tools and materials is essential for achieving professional results.

Essential Tools

- High-quality paper or parchment: The choice depends on the intended final product; traditional manuscripts often use parchment, while modern projects may utilize various types of paper.
- Bone folder or folding bone: Helps create crisp, accurate folds without damaging the material.
- Ruler and straightedge: For measuring and guiding folds.
- Scalpel or craft knife: For precise cuts if necessary.

- Cutting mat: Protects surfaces during trimming.
- Clips or weights: To hold folds in place during pressing.
- Pencil or light marking tool: For marking fold lines.

Materials

- Paper or parchment sheets: Selected based on size, thickness, and purpose.
- Adhesives (optional): For securing certain folds or attachments.
- Pressing boards or flat surfaces: To ensure smooth, flat folds and to press signatures.

Step-by-Step Process of Folding Sewi

Mastering folding sewi requires attention to detail and patience. Below is a detailed step-by-step process to guide you through creating precise folds for your bookbinding project.

- Preparing Your Sheets

- Select appropriate sheets based on your project. Ensure they are clean and free from creases or damage.
- Cut sheets to size if necessary, allowing extra margin for folding.

- Measuring and Marking

- Use a ruler and pencil to mark fold lines accurately.
- For standard signatures, common fold ratios include half, third, or quarter folds, depending on the desired signature size.

- Making the Initial Fold

- Align the sheet with your ruler.
- Use a bone folder to score along the fold line. Scoring creates a weak line that guides a clean fold.
- Gently fold the sheet along the scored line, pressing firmly with the bone folder to achieve a crisp edge.

- Creating Signatures or Sections

- For a folded signature, fold multiple sheets in the same manner.
- Stack sheets precisely to ensure alignment.
- Fold each sheet individually, then assemble into signatures.

- Pressing and Flattening

- Once folded, press the signatures under heavy books or use a press to ensure flatness.
- Allow sufficient time for the folds to set.

- Assembling Signatures

- After folding and pressing, assemble signatures in the correct order.
- Check alignment and make minor adjustments if necessary.

Advanced Folding Techniques in Sewi

Beyond basic folding, traditional and modern bookbinding may employ advanced folding methods to enhance durability and aesthetic appeal.

Zigzag and Concertina Folds

- Zigzag fold: Alternately fold sheets back and forth, creating a zigzag pattern that can serve as decorative elements or flexible sections.
- Concertina fold: Similar to zigzag but with uniform folds, often used for panoramic illustrations or artistic pages.

Half-Size and Double Folds

- Folding sheets into halves or doubling the number of folds increases the signature's compactness and strength.

Using Folding Templates

- For complex or repetitive folds, creating or purchasing templates ensures consistency across multiple signatures.

Common Challenges and Troubleshooting

Even experienced artisans encounter challenges during folding sewi. Recognizing and addressing these issues is vital for producing high-quality books.

Warping or Uneven Folds

- Cause: Uneven pressure or inconsistent scoring.
- Solution: Use a bone folder for scoring and pressing evenly; ensure sheets are flat before folding.

Creases or Tears

- Cause: Excessive force or rough handling.
- Solution: Use gentle, controlled pressure with a bone folder; avoid over-folding or applying too much force.

Misaligned Folds

- Cause: Incorrect measurement or marking.
- Solution: Double-check measurements before folding; use clear guidelines and scoring.

Difficulty in Folding Parchment

- Cause: Parchment's stiffness and thickness.
- Solution: Score multiple times with a bone folder to weaken the fold line gradually; consider wetting the parchment slightly for more pliability.

Preservation and Storage of Folded Signatures

Proper handling and storage of folded signatures are essential to maintain their integrity.

- Use acid-free tissue paper to protect folded pages.

- Store signatures flat in a dry, cool environment.
- Avoid stacking heavy objects on top to prevent deformation.
- Press signatures periodically to maintain flatness.

Integrating Folding Sewi into the Overall Bookbinding Process

Folding sewi is one component of the larger bookbinding workflow. After folding, signatures are sewn or glued, then bound with covers, endpapers, and decorative elements.

Sequence Overview:

- Prepare sheets and fold into signatures.
- Press and align signatures.
- Sew signatures together using traditional or modern sewing techniques.
- Attach covers and endpapers.
- Finish with decorative elements or protective coatings.

Conclusion: Mastery and Cultural Significance

Mastering folding sewi is more than just a technical skill; it is a gateway to understanding and preserving cultural heritage through craftsmanship. Whether you are recreating traditional Ethiopian manuscripts or exploring contemporary bookbinding, precise folding lays the foundation for a durable, beautiful, and meaningful book.

Practicing patience, attention to detail, and respect for traditional methods will enable you to produce works that honor centuries of artistry. As you refine your skills in folding sewi, you contribute not only to the preservation of cultural heritage but also to the ongoing evolution of the craft of bookbinding.

Happy folding!

QuestionAnswer What are the essential tools needed for folding sewi in bookbinding? The essential tools include a bone folder for creasing, a ruler for measurements, a craft knife or scissors, glue or adhesive, and high-quality paper or fabric for folding sewi. How does folding sewi enhance the durability of a bound book? Folding sewi reinforces the book's spine and cover, providing additional strength and preventing pages from detaching, thus increasing the overall durability of the book. What are common mistakes to avoid when folding sewi during bookbinding? Common mistakes include uneven folding, using improper tools, rushing the process, and not applying enough pressure, which can lead to weak creases and misaligned pages. Can beginners learn to fold sewi effectively with practice? Yes, with patience and practice, beginners can master folding

sewi. Starting with simple projects and gradually progressing to more complex designs helps build skill and confidence. Are there specific types of paper that work best for folding sewi? Yes, lightweight but sturdy papers such as high-quality craft paper, origami paper, or specialized bookbinding papers are ideal for folding sewi, as they fold cleanly and hold creases well. How does proper folding technique impact the overall aesthetic of a handmade book? Precise and clean folding sewi results in a polished, professional appearance, enhancing the visual appeal and perceived quality of the finished book. What are advanced tips for achieving perfect folding sewi in complex bookbinding projects? Advanced tips include using a precision bone folder, marking fold lines beforehand, working on a flat surface, and practicing different folding techniques to achieve consistent, crisp seams.

Related keywords: bookbinding, sewing, folding, guide, craftsmanship, binding techniques, handmade books, book arts, paper folding, sewing methods

Read the full article online: bookbinding a comprehensive guide to folding sewi